



PSYCHIC RESEARCH NEWSLETTER

4

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DO-IT-YOURSELF

EXPERIMENT FILE #7 — Identification of Crystals Suitable for Wearing

Wearing a naturally-terminated quartz crystal adjacent to the witness area on one's body is a means of shielding oneself from excessive involvement with the feelings and thoughtforms of those with whom we come in contact. The size, purity, and shape of the crystal is immaterial. However, the crystal should be mounted or worn with the tip pointing up, not tip down as is the majority of jewelry. A crystal worn with the tip up rounds out and completes the energy bodies of the wearer. If a person wishes to wear a crystal with the tip facing downward, then the opposite end must be faceted with an appropriate series of facets. This is determined according to the number of facets on a particular crystal. A natural quartz crystal is hexagonal (six-sided). The ideal double termination will complement the natural angle and be faceted to six sides. A Herkimer diamond is a quartz crystal that has a natural double termination. These are from Herkimer, New York. A crystal of this type worn at the witness area (thymus) gives one feelings of stability and togetherness. This is true even though one may be experiencing trauma and deep emotional shock.

To test the value of a crystal to be worn, use the principle of kinesiology. This is done by extending either arm horizontally from your body. Hold the crystal at the witness area and ask the appropriate question: "Is this crystal good for my body?" Then have another person apply downward pressure to your extended arm as you try to resist. When the crystal is suitable for your subtle bodies, a strengthening of the body takes place and one can resist a force of five to ten pounds to the extended arm. When the crystal is not suitable, the arm readily fatigues and can be easily pressed down. We recommend that all of you get various samples of crystal to test on yourself. Hold each to your witness area and have a friend help with the kinesiology test.

It is important to note that a quartz crystal with the termination pointing downward will deplete the energies of the body. At times, this is required and provides a real service for the individual. But if one needs these energies for creative thinking and alert interaction with others, then a crystal worn in this manner is contra-indicated.

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P.R.I. is a nonprofit corporation using scientific research and education to aid mankind.

EXPERIMENT FILE #8 — Identification of Jewelry Suitable for Wearing

Jewelry and stones should be chosen not only for cosmetic appearance and intrinsic value, but should also be considered as a critical adjunct in assisting the subtle bodies to be whole. Every stone of a crystalline nature, because of its chemical composition and form, radiates a field in space which may be antagonistic to, or amplify, the subtle fields of an individual wearing it.

Certain metals -- copper, iron, lead, tin, silver, and gold -- are equivalent to planetary bodies. The cosmic influence of the planetary bodies on metals was studied and spoken of by Rudolf Steiner and the schools of thought under his tutelage. These studies showed that at periodic times of the month, according to the planetary influence, there is an effect on the rate of crystallization of salt solutions on these compounds. It is therefore important to consider when one is wearing a stone that these chemical and subtle influences do have an effect on the energetic bodies.

Diamonds are a crystalline form of carbon and are not influenced by planetary bodies. Quartz (silicon dioxide) is equally unaffected by planetary influences. It is therefore an ideal vehicle to use in energy transfer studies and applications in balancing and healing the subtle bodies of individuals.

Take any stone you wish to buy and place it at the witness area. This is the center of the chest and four inches down from the "V" of the neck. Ask the question, "Is this stone suitable for me to wear at this time?" Then have another person test your arm for strength and weakness. If the arm is strong, the answer is "Yes"; if the arm is weak, the answer is "No".

Many times a stone and its setting are imprinted with the patterns of thought of the artist responsible for its creation. This includes both the stone, if cut, and the setting. One may have a suitable stone, but in the wrong setting. This applies to a precise degree to any stone, ring, or other jewelry that has been passed on as an heirloom or given as a gift. The thoughtform emotions of the previous owner are imprinted in the object.

For this reason, testing a stone or jewelry which has these patterns in it gives false readings. It is recommended that one demagnetize any new piece of jewelry with a bulk demagnetizer prior to wearing or testing. To erase the patterns of thought and emotion, pass the object through the field in the same way that you erase magnetic tapes with an erasing coil. When you test the stone, many times a completely different reading will occur. Here is an example:

A woman who went to an island in New Zealand bought a beautiful ring from a village artist. However, from the moment she wore it, she experienced depression and lethargy. When the ring was finally demagnetized, her depression faded and she returned to a normal state of health and well-being. She subsequently learned that there was much strife in that New Zealand village; this strife was imprinted in the work of art.

We would appreciate your sending to P.R.I. the results of your testing of your jewelry. The ideas and information you provide will help us in our work.



LECTURES: The San Diego Experience

Nearly one hundred people attended a meeting on the historic and general applications of crystals or crystal devices in the healing arts. Approximately fifty attended a second, more advanced session. It was devoted to the application of the healing crystal in releasing tension and the re-establishing of balance in and around the body. It is necessary to give individuals the forces they need to heal themselves.

Some important new information and techniques were revealed publicly for the first time at this meeting and in this Newsletter:

1. A self-study program to learn and develop the skill to feel energy emerging from the tip of the four-sided healing crystal is being introduced.
2. A person with no training whatsoever can use the healing crystal under supervision to effect a significant reduction in pain. (Example: bursitis of the shoulder.)
3. It is important to demonstrate a loving attitude, or "Bedside Manner", with the client, without violating his free will.
4. The value of follow-up after completing the healing session.

It is clear that in working with the crystal we are helping others open doors that they have shut. The client must move through each door and stand on his own two feet. It is his free will that completes the process of Transformational Healing. Pain and problems often result from an accumulation of stressful situations. Incomplete thoughtforms from within an individual can appear as a still-born energy mass.

Many of us block the ability to give and receive love. This block is caused by composite patterns which can precipitate into the base of the spine, creating interference in the electrical signals released up the spinal column.

When we treat lower back pain, we can take away one layer, and then suddenly a second or third layer emerges. This energy force is locked in the body. To accelerate the release, have the individual bend over from the waist and attempt to touch his toes. Stretching the spine aids in the release of patterns locked in the base of the spine. This often feels like heat radiation as the client bends over. When he stands erect, you feel little or no heat. This stimulation of the locked energy form is most apparent after the first treatment at the witness area. Once you have sensed the energy field, work with the crystal in the center of the witness area. Have the client breathe in a normal manner. Then focus on entering counterclockwise through the witness area. Rotate the hand in a clockwise motion behind the client, at the transition between the spine and the skull (occipital region). Now rotate the crystal and draw in your breath, pulling the charge from the body of the individual into the crystal. Then draw your hand away and snap the crystal to release the charge.

Two or three treatments of this type release the tension that is locked at the base of the spine. You can observe the results of the treatment by the ability of the subject to move his body further as the spine relaxes and the muscles release their tension. To bring the patient to an erect position, place the left hand at the base of the skull and the right hand, with the crystal not touching, at the base of the spine. Now, synchronize your breath with the client's, as he assumes an erect posture. The job is completed by having the client, with arms outstretched, slowly rotate his upper body to the right and to the left. This should be done a number of times. It is a recommended exercise procedure for individuals suffering from low back pain.

This information was demonstrated in San Diego and will soon be available on videotape.

SELF-STUDY PROGRAM

This is a practical way to study the energy emerging from the tip of a crystal.

A. Using a natural crystal or a faceted healing crystal, charge the crystal with rotation and breath. As you hold the crystal in your hand, project energy to the other hand. As you stare intently at the crystal, you will at first feel a cool wind striking the opposite hand, then a tingling sensation. The distance between the hands should be about twelve inches for the best effect. To assist you in identifying these vibrations, have another person pass his hand between the crystal and your opposing palm. As his hand moves up and down, you will feel the movement reflected on your palm. Do this first with your eyes open and then with them closed. In a short time you will know when his hand is in or out of the field. This helps to establish in your mind the fact that energy is moving from the crystal to your hand, and that it can be interrupted by another person.

B. The identification of the various motions of your hand using the healing crystal. The four basic hand movements: (1) an up and down oscillating field; (2) a circular clockwise field; (3) a counterclockwise motion; and (4) a steady field, with slight movement of the crystal, to find the angular position that gives the maximum field strength. Practice these movements and record your sensations in a notebook. To increase your sensitivity, wash your hands with soap and water, dry them carefully, then vigorously rub them to build a surface charge. This should help you detect these fields more completely.

C. The effect of light and darkness on these fields. Build a charge in your hands and charge the crystal. Set the angle of the crystal until you find a steady exchange of energy. Now have another person hold a portable light source over the crystal. Close your eyes and have the individual turn the light on and off. What you will soon experience is the sensation of light as it passes through the crystal and is amplified by the field contained within that crystal. Cover your head with a hood to exclude all light sensation to the optic nerve. Repeating the light test, you will become aware that you are "seeing" light through the crystal when the light is turned off. This is a practical way of evolving your clairvoyant ability.

D. The projection of color into a crystal by means of transparent color filters. Go to any photographic store and purchase small red, yellow, green, and blue filters. These can be purchased in gelatin form and can be quite inexpensive. Charge the crystal, projecting to your opposite hand twelve inches away. Now have a person turn on the light and interpose the colored filters, one at a time, between the light and the crystal. With your eyes closed or your head covered, you will feel unique sensations. You will experience the colors as forces that act on the subtle bodies. Red pushes the hand away. Blue gives a cool sensation and attracts the hand. Yellow gives a sense of coolness and tranquility. Green gives a sense of balance. The feeling of green is unique and is difficult to describe. The use of color filters allows us to interact with the feeling body of the individual. You can stimulate or relax by an energetic transposition of the healing body that each of us possesses. It is recommended that you record your sensations and the effects on your body while working with color. Then you can compare what you have experienced with what is published in references on color therapy.

E. The stimulation of the subtle senses of smell and taste with the crystal. Purchase oils of wintergreen, clove, spearmint, and lemon (usually available in the grocery store). Charge the crystal and position your opposing hand twelve inches away. Now have a friend place a drop of oil on the tip of the crystal. Breathe normally and focus your mind on the crystal. Breathe in and out, observing the sensation of the oil. The next step is to have the friend turn the light bulb on. Observe the tremendous magnifying power of your sensations of the essence of the oil. Turn the light off, then go with your mind into the crystal. Draw in a breath and release the breath onto the crystal with love. Observe the effect of the excitation of the oil on your sensory mechanism. When this experiment works properly, not only you, but anyone in the room will experience the odor. To clean the crystal, scrub it vigorously in tepid water with a few drops of detergent. Dry with a soft towel. Continue the experimentation with the other oils.

These techniques are designed to expand your sensory awareness. Tactile and supersensory abilities are necessary in order to work on the human body. When you develop these skills you can compare an uncut crystal with a faceted healing crystal using your own sensory judgment and measurement values, not those of another person.

This is a summary of our San Diego experience.

THANK YOU, Carol and Warren Klausner, for the careful way you crafted the San Diego conference.

☆ PROFILES ☆

DICK BALL is a catalyst, with considerable experience in the details of business start-up. He developed the Psychic Research Newsletter. He has been requested by Marcel Vogel to assist with his first book, to continue work on the Newsletter, and to be available for product planning and development.

Dick founded the Whole Life Center, a holistic center in Palo Alto, California, where he practiced counseling and taught extrasensory perception, healing, and meditation. He also taught at the San Andreas Health Counsel, giving seminars and lectures. He has written a television series about a great healer and authored a book, The Pathways of Healing. He has traveled over the United States and Europe visiting centers. He founded Enrich Educational Materials Corporation. It was sold to Ohaus Corporation, thereby enabling Dick to go on a ten-year spiritual/holistic quest. Prior to Enrich, he co-founded Cointronics, a coin-operated game company. At Nutting Associates he was a jack-of-all-trades who contributed the concept and design brief that married the computer with television and a coin acceptor. This soon became the first coin-operated video game. When Bill Nutting found Nolan Bushnell, an electronic engineering genius, the New Age game phenomenon was created.

BOOK REVIEWS

TREASURES OF THE PSYCHIC REALM, by Jack J. Studer. Published by DeVorss & Co., P.O. Box 550, Marina del Rey, CA 90291.

A small but well-written book on astral projection and some of the theories connected with astral travel. Read, try it out, and let us know if you have any adventures.

MINERALS OF THE WORLD, by Charles A. Sorrell. Published by Golden Press, New York, NY.

An excellent book on the identification of minerals, their structure and formation.

"HEALING STONES": THE THERAPEUTIC USE OF GEMS AND MINERALS, by Julia Lorusso and Joel Dick. Published by the Brotherhood of Life, 110 Dartmouth, SE, Albuquerque, NM 87106.

A good summary of the early literature on the psychic, emotional, and therapeutic effects of gemstones. Much of the information is channeled, and as a consequence, you must make use of what is here in a way that will be for your own good. Do not take this information as a scientific document, but as a series of ideas which you should check out for yourself.

THE CURIOUS LORE OF PRECIOUS STONES, by George Frederick Kunz. Published by Dover Publishing, New York, NY.

This book is a treasure of information on the use of stones, gems, talismans, crystal balls, etc. as it has been recorded in literature and practiced in ancient times. One of the most interesting sections is on birthstones. This book is recommended as a "Best Buy".

The Danger of Too Many Healers Working On Your Energy

There are practical considerations in the use of crystals to balance the energetic bodies. In the healing process, one is changing the energy between the bodies of the healer/server and the individual in which the healing is taking place. When one is doing a treatment it is important that no other server intervene for a period of at least 24 to 36 hours.

When one server does a treatment a particular energy enters the subtle bodies of the client. If another server works on the same client, a different vibration is transferred to the individual, creating a disharmonious vibration in the physical and subtle bodies. Many times disharmony, conflict, and psychic disturbances result from multiple servers overlapping treatments. When a balance is obtained in communication with the soul of an individual, a vibrational mode is instituted in his mind and body. It is with this vibration that an individual initiates the healing actions on his own body. When the client is ready and willing to accept love from the heart of the server, a subtle decision is made to act on it in a positive way. He is then able to release the tension, stress, or disease that is held in his body. We are dealing with energetic transfers of charge. Since these charges have particular frequency characteristics, must always be careful that we are comfortable with the vibrations we are using.

In the same sense, when working with a doctor conventionally, it can create chaos in the body to use one set of prescriptions with prescriptions from a second doctor who has no knowledge of the first doctor's treatment.

RESEARCH: The Magnetization of Water (September-October)



We have added another dimension to the charging of water: SOUND. We first applied the sounds of a trumpet as we charged the water. Then we experimented with the various sounds of the Veda and other sacred chants. This resulted in an increase of many million-fold in the charge that the water was taking onto and into its molecular structure. We use a radionic instrument to measure the charge of vibrational spectra of the water. We have been crystallizing from solution and charging various waters. These include: Stewart Mineral Springs water, Mt. Shasta, California; a sacred spring water from Ohio; and San Jose city water run through a reverse osmosis device. We are also testing water treated by a "D" cell and "Willard water." Each of the secondary methods of treatment gives some improvement in the charging of water, but none can give the results that the sacred sounds add to the water.

We have also explored the effect of TEMPERATURE. By lowering the temperature of water, the capacity of the water molecule to store energy is increased. We have also investigated the application of external magnetic fields going up to 60,000 gauss with a large 14-inch electromagnet. This is being studied in connection with the charging of water with the crystal.

In this research we are looking into the early work by Dr. Charles Littlefield, as described in his book The Beginning and the Way of Life and in the book describing Dr. Milner's work, The Loom of Creation. When we examine the dried specimens crystallized from solution, we find a myriad of forms. These must be examined in a systematic way to look for unique characterization differences. If one takes a small portion from a sample, one can build a case in any direction one wishes. Therefore, we are systematically evaluating how to prepare the slides, the rates of evaporation, the optimum temperatures, and the number of recrystallizations necessary to bring out optimum differences.

We can report no consistent results that are indicative of change. We are, of course, being cautious here, since too many research programs have released early results from insufficient data. The type and form of optical microscopy is phase contrast polarized light.

Dr. Henry Glover and Linda Blackner have joined our group to conduct research, working on a volunteer basis.

QUESTIONS & ANSWERS

Q. What is the value of six-sided or eight-sided healing crystals?

A. The four-sided healing crystal is cut for most of the general applications you might encounter. The primary vibration that the four-sided crystal gives out is that of the water molecule as it is charged by the earth's vibration. The six-sided crystal, when charged, emits a more intense and powerful field. This is used to penetrate to and act on various organs of the body. The crystal is now being used in cosmetology to assist in removing unwanted hair and in releasing wrinkles. An increase in field gives the six-sided crystal the ability to penetrate more deeply into the physical body, instead of acting on the subtle bodies alone. The eight-sided crystal is designed to remove multiple layers of patterns which do not come out with a four-sided crystal. When used in treatment, the eight-sided crystal can be rotated in the hand while you draw and release a charge. With the eight-sided crystal, two rotations can occur simultaneously. You rotate the crystal clockwise with one hand; at the same time you rotate the crystal with the fingers counterclockwise. In this manner one evolves two counter rotating spirals. These release blocked vibrations of an even deeper nature than can a six-sided crystal. In summary: the four-sided crystal deals with the subtle bodies, the six-sided crystal penetrates into the physical body, and the eight-sided crystal moves beyond the physical body.

Q. Are there shields or protective devices that can be worn to help one through periods of depression?

A. Just as one bandages the tissue on one's body when it is injured, a crystal can act as a balancing force for an individual experiencing severe emotional trauma, shock, or feelings of depression. A small natural crystal worn with the tip facing upward gives an initial shielding or protection. It prevents the patterns of thought from other minds from acting on one's subtle bodies. These patterns of thought can cause feelings of fatigue and excessive self-consciousness. Wearing crystals of this type will develop your intrinsic capacity for self-confidence and the ability to deal with the vibrations which a sensitive person feels. You should be able to remain calm in front of any person or audience with whom you are communicating. A more profound shield is prepared when crystal and wood are combined. A flat piece of wood is cut to a triangular shape. The crystal is cut in cross section, polished and faceted on the edges, and mounted onto the wood backing. When this device is worn, one has protection from unwanted vibrations in the electromagnetic fields and in the subtle fields. In the P.R.I. laboratory in 1985 our research will evaluate the most precise forms of shields to best protect the physical and subtle bodies from unwanted radiation. The effect of wearing this type of shield is a less confusing, deeper awareness of one's own body. This may develop the capacity for living in a more complete and meaningful way.

NEWSBRIEF: Bob Fritchie is Forming World Service Institute

Bob Fritchie, who has been helping to form Psychic Research, has moved to Carmel Valley, California. He is setting up World Service Institute. The objective of this organization is to teach the use of crystal devices through seminars, tapes, and videotapes. Eventually Bob intends to develop a Healing Center to integrate formal teaching and healing service in a residential care facility. Fund raising and organizational development are being actively pursued with the help of Marcelle Kardush and others from the Joy Lake Community seminar. The structure and content of the organization will be reported as it develops. Bob can be reached at (408) 659-2862.

P.R.I. NEEDS VOLUNTEERS

The lab needs service in the following areas: Graphics, Editing, Typing, and Grant/Proposal writing. If you desire to help, please contact B.J. or Linda at (408) 279-2291.

PROGRAMS AND SUBSCRIPTIONS

This issue of the P.R.I. Newsletter is a valuable guide to the latest technology, the ideas, and the people developing our programs. A complete Transformation Healing course is forthcoming. We also have several experiments for you; future issues will deal in more specific projects. The data you collect will be accumulated, summarized, and reported; you will receive a copy of that report. By being a serious participant you will make a significant contribution to the development of a body of statistical data. This data will help us better understand the subtle energies. These programs will feature instructions and sometimes, for a nominal fee, work kits containing needed equipment.

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