



THE WHOLE PERSON

by Marcel Vogel

The human race is made "in the image and likeness of God." What exactly does this mean and how can we apply this meaning in our daily lives?

Nearly two thousand years ago Christ said to the people, "Suffer little children to come unto me for theirs is the kingdom of Heaven." The kingdom of Heaven is within each one of us. How do we achieve this state of bliss or godliness? This is a question that has been addressed down through the ages and many thousands of words have been written on this.

In 1960 I had the wonderful privilege of meeting Pope John the 22nd in Rome. He spoke to us the following words: "I am a simple servant; I am here to serve you. The church is within you. You are the church." These words affected me in a very deep, meaningful manner.

In each of these statements from Christ to the Pope, we hear the same words. Go within and look to find that Divine spark, that state of bliss, that at-one-ness with the All.

How do we do this? I will share with you now, my readers,

some of the practical lessons I have learned on how to go within and experience that wonderful at-one-ness with the All.

Step 1: Breath and its control. With a study of our breathing, the creation of deliberate breathing patterns will move us to a conscious awareness that transcends our senses. This transcendence leads us into an inner chamber of knowing which is different from the form we see with our eyes. It is light, but not the light of the sun. It is a light generated from within us. As we experience this light it takes on various geometric shapes and forms. One of the key forms is the Tree of Life as is shown in the Kaballah.

As one learns to control the breath, moving to another level of consciousness, a tone is then generated within the body. The sound is changed to light and forms a series of patterns with each indwelling and outgoing breath. These patterns are the symbols in and through which we communicate our vital life energy patterns.

A vortex of energy is connected to each of the endocrine glands of our body. This vortex

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of energy has been given the name of chakra. There are seven chakras: base or root chakra, spleen chakra, solar plexus, heart chakra, throat, ajna center or center of forehead and crown chakra at the top of the head.

All of these oscillators (chakras) combine together with breath to form the patterns just described. The study of this is contained in *The Kybalion*, by Three Initiates, Yoga Publication Society, Masonic Temple, Chicago, Ill., 1940, or study of Hermetic Philosophy. There are seven Hermetic Principles upon which the entire hermetic philosophy is based. They are the principles of mentalism, correspondence, vibration, polarity, rhythm, cause and effect and gender. If these principles are studied and understood, one is easily able to access higher consciousness.

In order to truly know oneself, it is important to go beyond the limitations of the senses and expand upon inner awareness. (See sense perception diagram).

Step 2: The practise of loving one another. The prime commandment given by Christ to humanity is to love one another as He has loved us. But we must love our selves first. In order to love self, we must see the intrinsic value of our lives and

the purpose to which we came on this earth plane. Humanity know thyself. From knowledge comes love.

The greatest act of loving is to love those that detract and find fault with you. Many of the great Masters and teachers down through the ages stood alone in their knowledge and were subjected to criticism and rejection. When one loves in this manner, one is linking to the Divine love of the Great Mystery and this then becomes an Eternal food.

Step 3: Train the body to handle the higher vibrations it will experience in altered states of consciousness. When one fixates on knowledge, one stops growing in that particular area. If instead one were to continually release what one knows and open new doors of experience, a tremendous rethrushing of one's basic core of experience takes place and one then develops a child-like characteristic so important and spoken of by Christ "suffer little children to come unto me." One does this by sharing what one has learned in life with each other and keeping a record of what is being done.

To be as a child is to remove all critical barriers of thought and be willing to experience totally without restraint and fear. Then new discoveries can and will

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be made of nature and self.

One of the finest meditation tools are hobbies in which one works with the hands to create the information and creativity

stored in the brain. The greatest balancing force in my life has been my hobbies, i.e. model boat and model doll house furniture building. This work stabilizes the vibrations in my body and brings tranquility and order into my whole being. It is vital to keep a notebook on your ideas and thoughts and to take time to study them periodically.

The most wonderful thing in life is to discover what wonderful people we are. We each have our own unique qualities of expression, much of it waiting to be manifested and introduced to the outside world. We are here to develop knowledge, experience this knowledge and contemplate the teaching connected with love. As we do this there is a continuous rebuilding of a set of patterns in and around us of information bands which link us to each other and to the Infinite. This information band transcends time and space, bringing us home to our own perception of a universal consciousness which is within each of us.

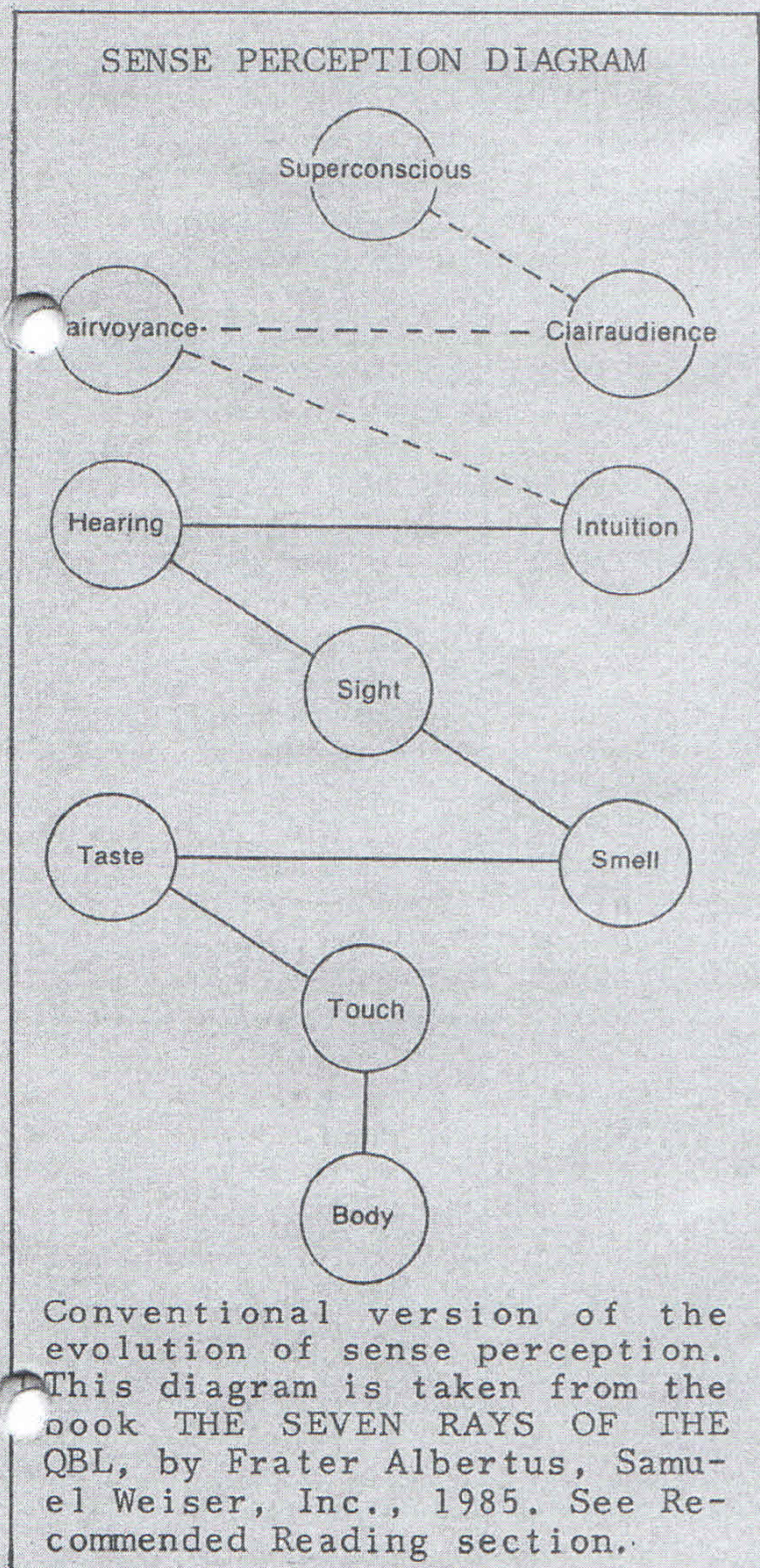
My very best wishes to all of you for 1990. May we all work together for the good of the planet.

RECOMMENDED READING

THE SEVEN RAYS OF THE QBL, by Frater Albertus, Samuel Weiser, Inc., York Beach, Maine, 1985.

This is an alchemical book on sound and color with an intense discussion on the Tree of Life. The most valuable part of the book is its view on the

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EXPERIMENTS

THE EFFECT OF SOUND ON FOOD

Materials Required:

3 glasses of milk

Hold a glass of milk in your hand and sing a happy song to it; take another glass of milk and shout and scream at it; put that one down, take a third glass and sing a love song to it. Now taste each of these glasses of milk and put them next to the ones with color. When we bless our food we create a combination of light and sound which modifies the chemical composition of the milk product. Here is a chance to start some real experimentation to see first hand the effect of thought on matter itself. How we can influence the food we eat for either good or bad.

THE EFFECT OF COLOR ON FOOD

Materials Required:

4 glasses of milk

Take the first glass of milk and hold it in your hand. Close your eyes, imagine purple light and visualize bathing the milk with that purple light. Pulse your breath as you project color into the milk. Do the same with the second glass of milk only project the color green. Repeat with the third glass of milk using the color red. Using the fourth glass of milk as a control, taste it and compare the tastes of the three glasses with the various colors that you projected. Put them on a shelf at room temperature and watch what happens. Write to us with your results.

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cyclic characteristics of all nature. As we look at the nature of these cycles, we realize that all life is cyclic and it is through the knowledge of these cycles that we can understand life itself.

HOW TO USE YOUR HEALING POWER, The Meaning of the Healing of Jesus), by Joseph Murphy, D.R.S., M.D., Ph.D., LL.D., DeVorss & Co., Marina Del Rey, Ca., 1957.

This book goes into the healing ministry of Jesus and gives a wonderfully clear explanation of the power of thought

and how Christ healed by his love. I quote from page 42: "This is the way many people talk. They are constantly demoting and depreciating themselves. Liquidate, banish, and eradicate from your mind fear, doubt, and ill-will. Trust God completely, go all the way out on a limb and say with feeling and humility 'I can do all things through the God-Power and Awareness which strengthens, guides, comforts, and directs me.' These forces come from you. I recommend that you get this book, read it and practice these powers.

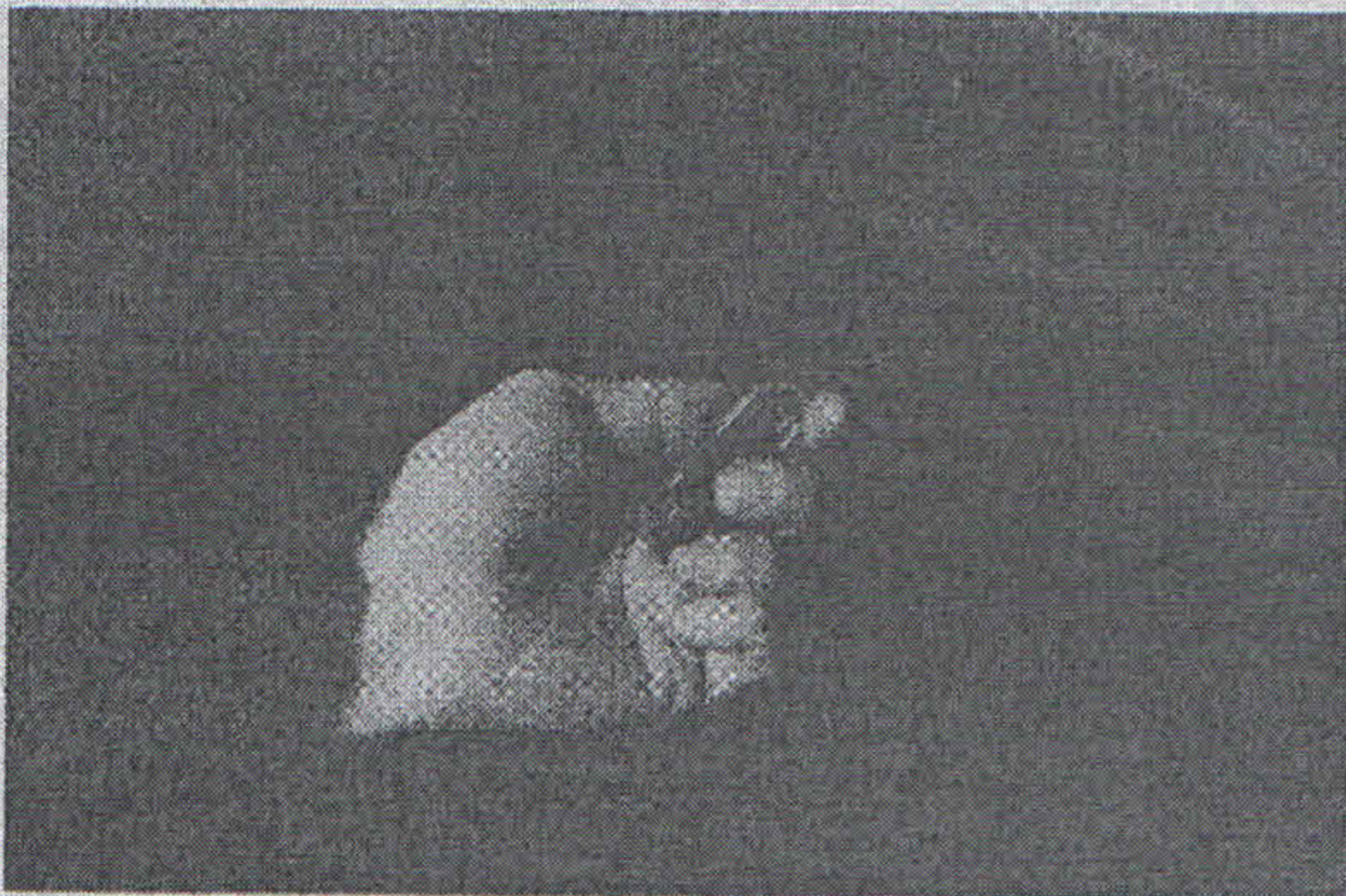
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MINI-CRYSTALS

by Jennét Grover

Because of the great demand for Vogel-cut™ healing crystals at a more affordable price, P.R.I. is now offering smaller versions of these crystals, running approximately 2 1/2" in length. We emphasize that it is the shape geometry of the crystal that is critical, not the size. In addition, it is THE NUMBER OF SIDES of the crystal that determines its INFORMATION STORAGE CAPACITY - the greater the number of sides, the greater the potential energy that is developed.

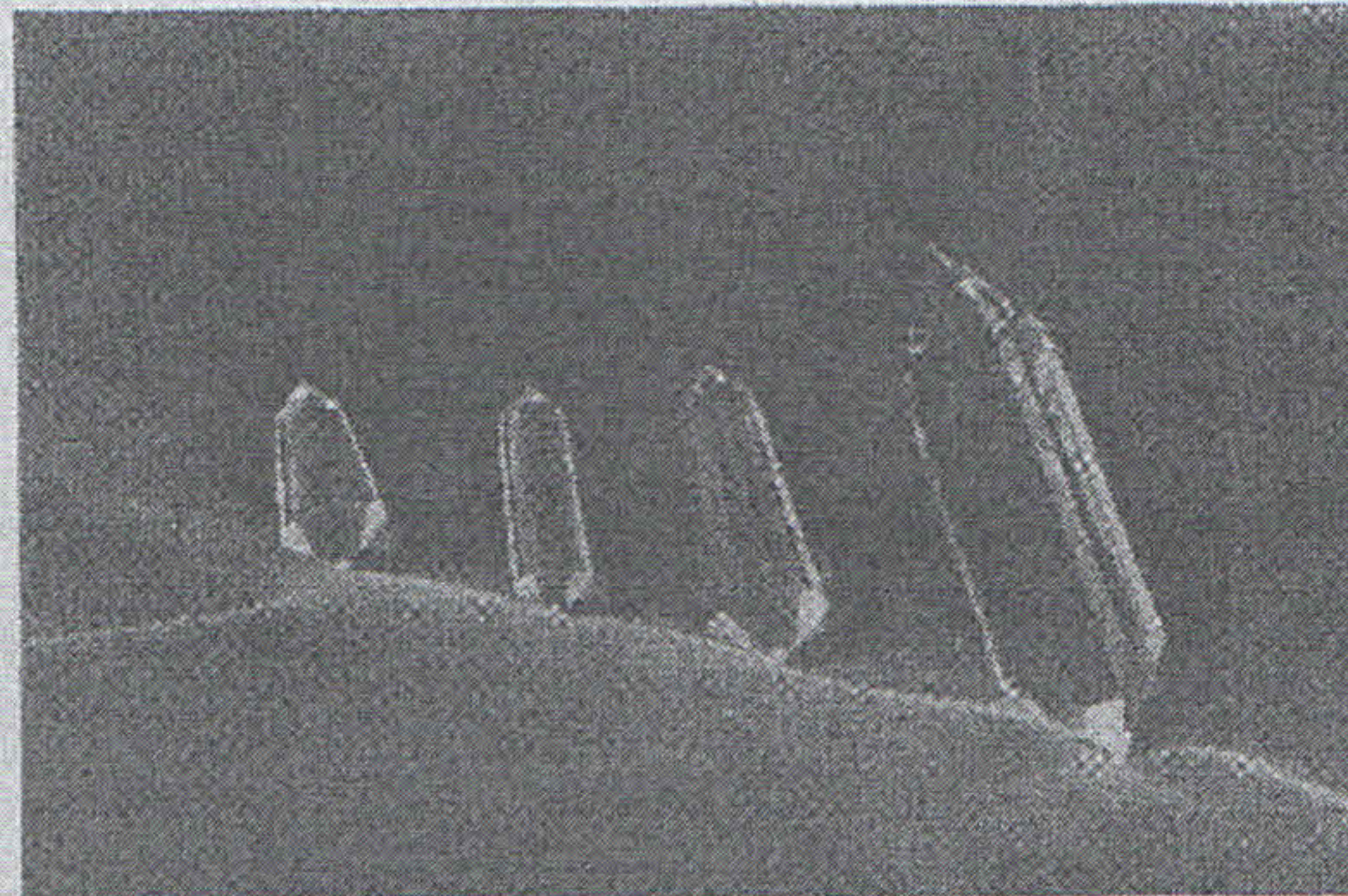
The force of the energy being emitted from the operating tip (the narrower, more tightly pointed end), is dependent on the spin of the energy created by the internal physics of the crystal. The crystal having the greater number of sides will supply more surfaces for the energy to reflect and spin off, causing a



Pictured here is a mini 13-sided Vogel-cut™ healing crystal.

tighter spin of the energy being emitted at the tip. This can be compared to the rifling in a gun barrel, or the spinning of a tossed football. The tighter this spin, the straighter the trajectory.

We are offering these crystals in specially designed cloth carrying pouches which will protect your crystal when you are not using it. The 6-sided and 8-sided mini-healing crystals are available for \$350. The 9-sided and 13-sided mini-healing crystals are \$450. Please specify "Mini-crystal" with your order and place under "crystals" in order form. See the chart on page 11 for applicable tax and shipping charges.



An assortment of various Vogel-cut™ mini healing crystals, pictured to the left of a regular sized healing crystal.

 "So, in your life you must come to acknowledge the power that moves through you, identify which strand is out of harmony, and then balance it." From I COME AS A BROTHER, Bartholomew.

DONATIONS!!

THANK YOU!!

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P.R.I. wishes to acknowledge and thank the following people for their generous donations to our laboratory. We also wish to thank the many people who chose to remain anonymous. We have included only the names of those who made their donation before our Newsletter deadline.

David Alexander
Bronwin
Dr. Paula Eschtruth
William and Peggy Esthimer
Janet Freibergs
Mary Goodner
Anna Gottsche
Sally Haven
Gloria Jeffs
Marilyn J. Miller
Adolph Musiol
Dr. Robert Mysse

Ralph & Mary Politte
Jean Poupard
Moses Pung
Ilse Richardson
Tauba Sass
David Singer
Thomas & Becky Stambaugh
Marian Stearns
Eileen Stewart
Joy Swenson
Viva E. West
Siegfried & Rosemary Vogel

CRYSTAL BUDDHAS

Henry Mettier is generously donating a large percentage of the receipts from the sale of his exquisite crystal buddhas to P.R.I. so that we may continue our research. Henry lives in Healdsburg, Ca. where he currently carves several different deities out of optical quality quartz which he imports from Brazil. He has been a major supplier of raw crystal from which P.R.I. makes its healing, meditation and industrial crystals. Before his move to Healdsburg, Henry worked as a crystal cutter for P.R.I.

Henry chose the Tibetan Buddhist deity of compassion, Chenrezig to help P.R.I. accomplish its goals. The crystal Buddha is 1"x3/4"x1/2" thick and can be banded in either silver or gold which should be specified

when ordering. The sacred geometry or mandala of this carving further enhances the transmission and amplification properties of the quartz crystal from which it is made.

If you would like one of these Buddhas, please send \$250.00 per pendant plus \$20.00 for tax and shipping and mail to P.R.I., 1725 Little Orchard St., Unit B, San Jose, CA. 95125.



Henry Mettier and one the carved crystal Buddhas which is just a tad smaller than actual size.

SONIC BLOOM

by Jennét "Greenthumb" Grover

One of the most memorable presentations at the 1989 U.S. Psychotronics Association Conference which Marcel and I attended, was the lecture, slide show and video presentation of Dan Carlson's Scientific Enterprises, Inc. Combining oscillating sound (similar to birds chirping a la Rudolph Steiner) with balanced, organic plant nutrients, SONIC BLOOM has yielded crops with earlier maturity, increased productivity and longer productivity. Yields on fruit and vegetables have been augmented from 20 to 250% and more.

I consulted with a biophysicist, Lynn Surgalla, another conference attendee, regarding the exact nature of gibberellic acid, the main augmenting nutrient in the mixture. Gibberellin is a growth hormone naturally occurring in growing plants. Most people are perhaps more familiar with auxins, another plant hormone that causes plants to grow towards the sun. Because of the organic nature and nature-related mechanism for plant augmentation, we have begun our own research using structured water with this substance. House, garden and greenhouse kits, available with or without solar powered speakers, are available from:

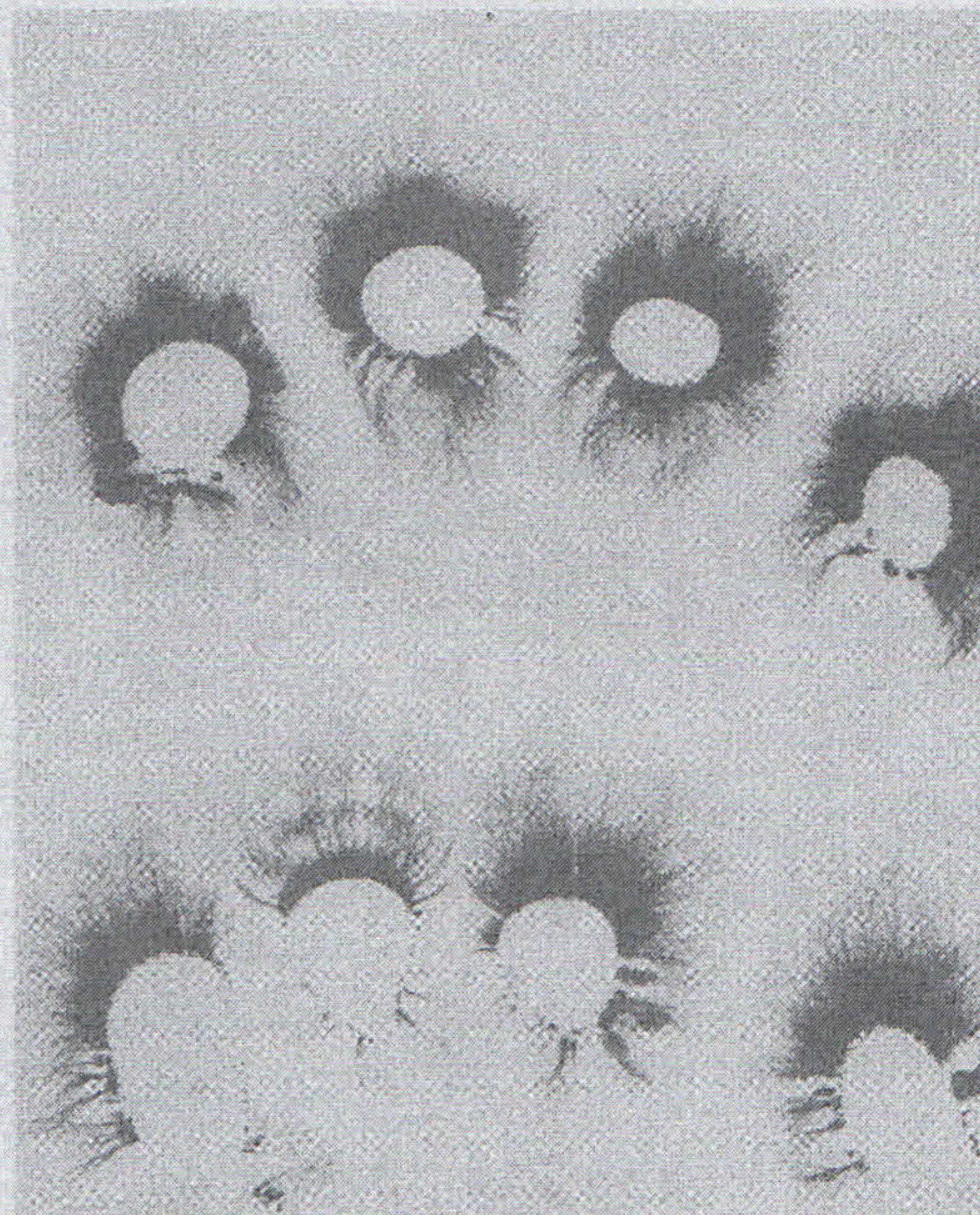
DAN CARLSON SCIENTIFIC ENTERPRISES, INC., 708-119th Lane, NE, Blaine, MN., 55434.

THE NEXT NATIONAL PSYCHOTRONICS ASSOCIATION CONFERENCE WILL BE HELD AT OGELTHORPE COLLEGE, ATLANTA, GEORGIA, IN JULY, 1990. WE ENCOURAGE YOUR ATTENDANCE.

KIRLIAN PHOTOGRAPHY INFORMATION

After the end of the U.S. Psychotronics Conference, several researchers and scientists visited our laboratories, one of whom was David Pankratz from Arlington, Virginia. David kindly repeated his entire lecture for Marcel and the PRI staff with slides and hands-on Kirlian photography experiments (see photo). In his presentation, he mentioned several texts that he would recommend on the subject which we have included for all of you who have often requested this information from us.

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Kirlian photo of P.R.I. volunteer Inga Madsen's fingers taken while she was meditating (top), and projecting healing energy (bottom).

EARTHQUAKE HEALING WITH THE VOGEL-CUT™ HEALING CRYSTAL

by ChoChow Imamoto

Although the earthquakes in northern California are causing many devastating situations, the Vogel-cut™ crystal is being used to heal and diffuse them. Just as this crystal is used to heal the body, it is being used to heal Mother Earth.

Foul or negative energies imbedded in the earth, such as wars, murders and pollution, are retained by the earth until such time that something (like a programmed crystal) is used to heal or release these energies.

As the earth moves to a place closer to the sun, she is releasing negative energies in many ways. As humans, I believe we are stewards of the planet and healing its wounds is our business. Our research into the capability of the Vogel-cut™ Crystal to release pollution as well as old negative records held in Mother Earth, is beginning to show positive results.

Earth healing with the Vogel cut™ crystal is a group effort. If you would like to organize such a healing event for your area, please call me at 415-344-1822.

If you have had interesting and/or significant results through the use of your Vogel-cut™ healing crystal, either as a therapist or recipient, please let us know so that our research information bank can grow. Thank you - Jennét.

DEGRADABLE TRASH BAGS

One way of solving the non-degradable plastic trash bag problem is addressed in the following article published in the Australian magazine, UNICORN, Vol. 3 #2:

"Good news for the planet and an opportunity for the environmentally ethical entrepreneur comes out of Massachusetts. Garbage bags, touted as having the strength and utility of regular bags, with the environmentally safe addition of photo and biodegradability, are being manufactured by an American company.

Good Sense Degradable Bags are priced below major brands and made from "recycled" plastic. Webster Industries adds a harmless (according to them) chemical additive during manufacture which makes the plastic sensitive to ultraviolet light.

Exposure to sunlight causes the breaking of otherwise inertly permanent bonds between polymer chains. The process of degradation continues even if the plastic is buried after the initial exposure to UV. Eventually the plastic is reduced to a harmless (again according to the manufacturer), fine organic powder which becomes a nutrient source for micro-organisms.

With increasing quantities of plastic-as-rubbish, this is a development which makes good sense.

Interested consumers and entrepreneurs can contact: Webster Industries, 58 Pulaski St., P.O. Box 3119, Peabody, MA 01960; or telephone (617)-532-2000."



Proud parents Marcel and Mary Vogel sit with their son, Marcel Junior, who was ordained as a Roman Catholic Priest at Saint Leo the Great Church on June 17, 1989. Father Marcel's new parish is in the Yukon Territory, Canada.

A LETTER FROM A READER:

I am responding to the article "Death And Your Animal Companions" by Penelope Smith, Animal Communication Specialist, which appeared in the March/April, 1989 issue (Vol. 6 #2).

In my situation, I had a 15-year old doxie-poo dog who had been having a lot of medical problems over this last year. I could not make the final decision to put her to death.

I called Penelope for a phone consultation and asked her what she felt about my dog. She responded by telling me that my dog was not in her body any

longer and she was only staying here for me as long as I needed her.

Since the dog was blind and deaf, she was not aware of me except when I held or stroked her. The dog was ready to leave this life. I just needed to release her.

My thanks to Penelope and her article and to P.R.I. for printing it. I have let my dog go on to another life.

D. C. De Lia

Animal Communication Specialist Penelope Smith is available for phone consultations as well as workshops and speaking engagements. She may be reached by letter or phone: P.O. Box 1060, Pt. Reyes Station, Ca. 94956, 415-663-1247.

The P.R.I. Newsletter welcomes your comments and ideas regarding this publication and personal and current issues as well. We would especially like to hear from people who are making or have made holistic, emotional and/or physical changes in their lives. Or perhaps your group, neighborhood or city is involved in promoting change. We welcome you to share your results and successes with P.R.I. readers. We reserve the right to edit material for publication.

WE ARE LOOKING FOR AN ENOLOGIST TO VOLUNTEER AND HELP US WITH OUR WINE RESEARCH.

Reading cont'd. from pg. 4

THE TELLINGTON-JONES EQUINE AWARENESS METHOD, by Linda Tellington-Jones and Ursula Bruns, Breakthrough Publications, Inc., Millwood, N.Y. 10546, 1985.

With an extensive list of credentials in teaching, training, riding, and with trophies to mark her many achievements, Linda Tellington-Jones has developed a revolutionary technique for working with horses that combines acupressure, Feldenkrais technique, chiropractic, energy (polarity) work and intuition to help establish a trusting relationship between horse and rider and also to facilitate training, maximize performance and modify behavioral problems. The reason I have chosen this book to review is because the technique it discusses is applicable to many different types of animals as well as humans. This book is incredible training for horse owners and riders, but I suggest that the video tapes "T.E.A.M., Parts I and II" be viewed first. I feel that anyone interested in developing similar systems of awareness for other animals should get acquainted with this material. It is amazing how so little time and energy can achieve such rapid and dramatic results. I have personally used these techniques on horses, dogs and humans and have noticed immediate changes. What a wonderful way to establish bonding with other beings!

To quote Helen Keller: "Life is either a great adventure or nothing at all."

GOD, SEX AND KABBALAH, by Rabbi Allen S. Maller, Ridgefield Publishing Co., Los Angeles, Ca., 1983

This book gives some analysis of the Tree of Life and the Judaic interpretations of the early traditions on which the basic tenets of Christianity were built. I would like to quote from page 152: "They shall beat their swords into plowshares and their spears into pruning knives (sic) nation shall not lift up sword against nation neither shall they learn war anymore. They shall sit, each man under his Vine and under his Fig Tree and no one shall make them afraid. For the mouth of the Lord of Hosts has spoken." I could go on and on - suffice to say it's a good book.

Kirlian Photog. cont'd. from pg. 7

KIRLIAN PHOTOGRAPHY FOR THE LAYMAN, by David Pankratz; excellent primer.

THE BODY ELECTRIC by Thelma Moss; comprehensive, yet lay understanding.

GALAXIES OF LIFE; by Krippner and Rubin; detailed, scientific treatise.

THE KIRLIAN AURA, by Krippner and Rubin; detailed, scientific treatise.

RAINBOWS OF LIFE, by Davis and Lane; best color photos.

For more information David Pankratz can be reached at 703-979-0781 or at 807 S. Barton St. Arlington, Va. 22204.

MARCEL VOGEL'S 1990 SEMINAR SCHEDULE

FEB. 25 - MAR. 11 EGYPT

Special Egyptian Tour - featuring Marcel Vogel. "Back To The Future: A Spiritual Reunion In Egypt." Call Melissa at 800-780-7724.

MAR. 30, 31, APR. 1 LOS ANGELES AREA

Week end Workshop with Marcel and Harley Swiftdeer. Call 818-285-9062.

APRIL 3 - 4 LOUUVILLE, KY.

Intercontinental Metaphysical Conference. Call 502-423-1188.

APRIL 27-29 SAN FRANCISCO

Whole Life Expo. Lecture and 2 hour workshop. Call 415-333-4373.

JUDY MINGO WORKSHOPS - Therapeutic Use of the Healing Crystal
Judy was a staff member at PRI and has worked with Marcel for 4 years. She is now located in Minneapolis and is available for crystal therapy, workshops & nutritional counseling. Call 612-377-5657.

LINDA LAING WORKSHOPS -

Crystal Therapeutics: Healing With Crystals.

MONTHLY INDIANAPOLIS, IND.

Call Linda at 317-846-4632.

MONTHLY CINCINNATI, OHIO

Call Linda at 317-846-4632.

MELISSA REYNOLDS WORKSHOPS -

Crystal Therapeutics.

MONTHLY OLYMPIA, WA

Call Melissa at 206-264-5449.

CAROL THOMAS-KLAUSNER -

Crystal Healing II, Vogel Crystal Healing Workshop. Call 619-571-6072.

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MINI CRYSTAL PRICE CHART

CRYSTAL	COST U.S.\$	SHPG. U.S.	SHPG. FOREIGN	CALIF.	OTHER	
				RESI- DENTS TOTAL	U.S. RESI- DENTS TOTAL	FOREIGN TOTAL
6 OR 8-SIDED	350.00	10.00	25.00	385.38	360.00	375.00
9 OR 13-SIDED	450.00	10.00	25.00	429.68	460.00	475.00

WE WOULD LIKE TO EXPRESS OUR THANKS TO THE FOLLOWING PEOPLE WHO HAVE DONATED THEIR TIME AND LOVE TO P.R.I. TO HELP US IN OUR RESEARCH: George Dong, Mary Lamson, Linda Laing, Twylah Turek, Mary Ying, Gloria Broadnax, Inga Madsen, Carol Thomas-Klausner, Chuck Mignosa, Mark Tucker, Robert McGowan and Joyce Falk.

CRYSTAL THERAPY INSTRUCTORS: The following people can provide interesting and informative lectures on crystal healing. They have been trained by Dr. Vogel and speak knowledgeably in relation to their particular specialties. All of these instructors will travel.

ROZANNE BAZINET Ph.D. MFCC, Sacramento, Ca. 916-489-2256/RON CARSON (RUMI DA), Orlando, Fla. 407-699-1672/MARY GOODNER, Dallas, TX. 214-991-4168/WARREN KLAUSNER, Claremont, Calif. 714-621-7105/LINDA LAING, Indianapolis, Ind. 317-846-4632/JUDY MINGO, Minneapolis, MN. 612-377-5657/JENNET GROVER, P.R.I. staff./DALnd OLSON, Eugene, Or. 503-683-8418/MELISSA REYNOLDS, Tenino, Wa. 206-264-5449/MELINDA SCHULTZ, Carbondale, Co. 303-963-3670/CAROL THOMAS-KLAUSNER, San Diego, Ca. 619-571-6072.

THANK YOU FOR YOUR GENEROUS SUPPORT AND DONATIONS. The P.R.I. research laboratory has been supported primarily by Marcel's lectures and by the sales of crystals, the new medallion, newsletter and audio and video tapes. The more private funding, the more time Marcel will have to supervise and perform research in the laboratory. Remember, P.R.I. is a non-profit corporation which provides research and education to aid humanity. Won't you help us to help you?!



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MARCEL VOGEL'S CRYSTAL KNOWLEDGE WORKBOOK

The **Crystal Knowledge Workbook** is a composite of fascinating information, exercises and materials that have been covered in Dr. Vogel's seminars. The price is \$30 plus \$3 shipping. The order no. is WB-2.

THOUGHT PHOTOGRAPHY WORKBOOK

This workbook is a compilation of information and articles concerning the ability to transfer the energies of a thought to a film plate, creating a photographic image. The Mark IV De La Warr Thought-Photography Camera is discussed at length. \$30 plus \$3 shipping. The order no. is TPW-1.

DONATIONS

Psychic Research, Inc. is supported solely by Marcel Vogel's lectures, the sales of items found on these pages and your generous donations. Psychic Research, Inc. is a non-profit corporation which provides research and education to aid humanity. Your contribution is tax-deductible to the extent allowed by law. Thank you for allowing us to continue our research.

Enclosed is my donation of \$ _____

PSYCHIC RESEARCH, INC. NEWSLETTER SUBSCRIPTION

The PRI Newsletter provides the reader with an update on current research projects, a variety of subtle energy experiments to conduct at home, seminar schedules for Marcel Vogel and associate speakers, book reviews and information on many other interesting topics. Give yourself and a friend a subscription. The Newsletter is published six times a year and the cost for the two year subscription of 12 issues is \$25. (Add \$15 for addresses outside of the United States). When you order you may request that some or all of the back issues be included (May/June 1984 to present) at \$4 per back issue or \$35 for a complete set of back issues (plus \$5 U.S. currency for postage).

____ YES! Enclosed is \$25 (plus \$15 for addresses outside the United States) for my two-year PRI Newsletter subscription to be sent to the address below. Start my subscription with the most current issue. Canada and Mexico, \$35. \$45 for Australia in U.S. dollars only.

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